

# Perth & Kinross Disability Sport

If you are a young person or adult with a physical, learning or sensory disability and want to play sport—we can help you! Lots of sports have competitions you can take part in if you aspire to be the next Special Olympian or Paralympian – allow us to help you work towards your dream.

Several opportunities are available depending on your age or where you live. We work with several clubs and partners across Perth & Kinross and can support you to find an activity.



We are also keen to develop new opportunities and need volunteers who can commit regularly either to support lead coaches or be trained as a coach—if that's you, get in touch!

If you aren't 'sporty' - we still want to hear from you—if you have other skills like social media or fundraising, and you can come along to a few meetings a year, then this would enable us to develop as a charity.



Or maybe you are a school or provide day opportunities for adults and want to hear about the latest news in disability sport—contact us to get added to our distribution list.

## **For Further Information**

**Please contact:**

Perth & Kinross Disability Sport  
Dewars Centre, Glover Street  
PERTH PH2 0TH

Tel: 07716 628 452 or 07716 628 454

Email: [enquiries@perthandkinrossdisabilitysport.com](mailto:enquiries@perthandkinrossdisabilitysport.com)

**[www.perthandkinrossdisabilitysport.com](http://www.perthandkinrossdisabilitysport.com)**

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